

Breakfast

Available All Day

Small Roll:

Bacon	£2.80
Sausage	£3.00
Egg	£1.80

Sandwiches:

Bacon	£3.10
Sausage	£3.30
Egg x2	£2.80

Baps/Baguettes:

Bacon	£3.40
Sausage	£3.70
Egg x2	£2.80

Add x1 Egg to any Roll/Sandwich/
Bap/Baguette for 40p

Breakfast Specials:

Cumberland Sausage Bap	£4.00
Breakfast Bap	£4.50
Ham & Cheese Croissant	£3.00

Other:

Croissant/Danish	£1.50
Porridge & Topping	£2.00
Toast	50p per slice

Coffee

	Reg	Lrg
Espresso		£2.00
Americano	£2.00	£2.20
Cappuccino	£2.30	£2.60
Latte	£2.30	£2.60
Flat White	£2.20	
Mocha	£2.40	£2.70
Hot Chocolate	£2.30	£2.60
Tea	£1.50	£2.00
Speciality Tea	£1.50	£2.00
Instant Coffee	£1.00	

Add 20p for Alternative Milks:
Coconut, Oat, Soya & Almond
Add 30p for a Syrup Shot

Cold Drinks/Snacks

Cans/Still Water	£1.00
Bottles	£1.20
Orange Juice	£1.00
Smoothies	£3.00
Muffins	£1.50
Brownies	£1.80
Granola	£1.80
Cake	£2.00
Scones	£2.00
Sausage Roll	£1.80
Cheese & Onion Roll	£1.50

All Cakes are Homemade

Crisps	80p
Chocolate	75p - £1



Doctor's Orders

Located in CMEC



@doctorsorderschichester

Opening Times

Monday	7:30 - 16:00
Tuesday	7:30 - 16:00
Wednesday	7:30 - 16:00
Thursday	7:30 - 16:00
Friday	7:30 - 15:30



Salad Boxes

Chef's Salad Box

Medium Salad Box £4.10

Add £1.50 for Sandwich Filling or Frittata

Large Salad Box £6.00

Sandwich Filling or Frittata Included

Classic Salad Box

**Lettuce, Greek Salad,
Beetroot, Potato Salad,
Rice Salad & Coleslaw**

£3.90

Add £1.00 for Sandwich Filling or Frittata

Jacket Potatoes

Oven Baked Daily

Cheese & Beans £4.10

Cheese & Coleslaw £4.10

Tuna £4.10

Chicken & Bacon £4.30

Coronation Chicken £4.30

Chicken & Sweetcorn £4.30

Prawns £4.60

Side Salad Included
Add 30p for Cheese

Sandwiches/Baguettes or Baps

Cheese (Coleslaw/Salad) £3.00

Tuna £3.10

Ham (Coleslaw/Salad) £3.10

Sliced Chicken £3.10

Brie £3.10

Egg Mayo £2.80

Hummus £2.80

Coronation Chicken £3.30

Chicken, Sweetcorn & Mayo £3.30

Chicken, Bacon & Mayo £3.30

Prawn £3.70

Bacon, Brie & Cranberry £3.60

Weekly Special £3.40

Add 40p for a Bap or Baguette

Add 30p for Avocado or Cheese

GF Options Available

Paninis

Cheese & Tomato £4.00

Tuna & Cheese £4.30

Ham & Cheese £4.30

Mozzarella & Tomato £4.30

Bacon, Brie & Cranberry £4.50

Chorizo, Mozzarella & Tomato £4.50

Homemade Soup

Small - £2.00

Large - £3.50

Add 50p for a Bread Roll

DEALS!

Breakfast Meal Deal

**Any Small Breakfast Roll
& Regular Americano**

£4.00

Lunch Meal Deals

**Sandwich, Crisps &
Can of Drink**

£4.50

Add 30p for Prawns

Small Soup & Sandwich

(Tuna, Egg, Ham, Cheese or Sliced Chicken)

£4.50

Hot Special

£4.50

Subject to Availability